



The Reference Point

When you're ready for solutions.

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Traveling Recommendations

Nutrition

Solar Radiation Protection:

- ☞ *Green Tea-ND*: Take 1 teaspoon for every 1500 miles of air travel as radiation protection.

Pathogen Protection:

- ☞ *Premier HCL*: with every meal (6-8 caps)
- ☞ *Oregano Oil*: 2-4 drops with each meal
- ☞ *Limonene*: one drop with Oregano Oil
- ☞ *ParaStat*: 3-12 caps per meal
- ☞ *Paratosin*: 1-3 caps per meal
- ☞ Stop drinking all alcohol and limit sugar

Immune Support:

- ☞ *NucleoImmune*: 6-12 per day
- ☞ *ImmunoVen*: 3-6 per day
- ☞ *CranStat*: take if symptoms of infection occur 9-18 per day
- ☞ *Max B ND*: 1 – 2 tsp. per day

Electromagnetic Frequency Protection

- ☞ Wear a *Tektite*, *QC Coin* or *Scored Battery* on your body to protect from EMF scanning devices.
- ☞ Use a *Tektite*, *QC Coin* or *Scored Battery* in your luggage to protect your supplements from EMF devices.
- ☞ **Opt-Out of the Backscatter Ionizing Radiation Airport Scanner.** Wear your *Tektite*, *QC Coin* or *Scored Battery* through the metal detector and ask for a pat-down instead.
- ☞ Use the *Galaxy Laser* or electronic device with a *Q-Disc* to unencode the body or items that did get scanned and could have embedded EMFs.
- ☞ Sit on the North or East side of the plane; the aisle seat provides the best energetics.

